

Lynn Scoles



Executive Coach

As a qualified medical practitioner with more than 30 years' clinical experience, Lynn has developed a deep understanding of human behaviour and motivation, which underpins her coaching practice. Over the last 15 years, she has honed her coaching skills with executive and workplace coaching assignments at CEO and Director level to Middle Management, with both individuals and teams across the government, not-for-profit and private sectors. She finds her ongoing work in general practice and her coaching practice complement and grows her skills in both areas.

Her coaching focuses on the development of competencies which enable her clients to improve effectiveness in their workplaces. These include improved self-awareness, relational and communication skills. Her clients often find that the new perspectives and insights gained from their coaching result not only in a greater effectiveness and satisfaction at work, but also beyond the workplace. Her clinical background places her in a unique position to assist clients to increase their resilience and achieve an effective balance between work and other areas. The added insights gained from working in an Executive Health Assessment Centre have given her perspective on those issues relating to physical and emotional health that impact on executives' lives and performance every day. She is a regular keynote speaker on resilience, balance and stress management.

Her coaching approach is eclectic, drawing on the many skills she has developed over the years from her clinical and coaching practices. Her approach is action oriented.

COACHING EXPERIENCE

- Lynn has coached (both in team and individually) more than 300 people over the last five years.
- Clients include: AEGIS, Australian Taxation Office, Australian Unity, Baptcare, Council for Christian Education in Schools, CSIRO, Dandenong Division of General Practice, Defence (including Defence Material Organisation), Mars, Melbourne Water, Minter Ellison, Optus, Sensis, South Australia Health, Tipping Foundation, VicRoads, Queensland Health, Seqirus, Cabrini, Better Care Victoria, Ambulance Victoria, Woolworths, CBUS.
- Lynn is accredited in a number of assessment tools including The Leadership Circle (TLC), Hogan Leadership Inventories and Life Styles Inventory (LSI).
- Lynn has debriefed and coached on a number of Leadership Programs through prominent business schools.
- Lynn participates in monthly supervision sessions.

EXPERTISE / SPECIALISATION

- Individual coaching at Executive and Senior
- Executive levels including CEO
- Transitioning to the next level
- Building confidence and presence especially in women
- Group & Team coaching
- Assessment debrief & feedback
- Resilience and stress management
- Helping Introverts with energy & relationships

BUSINESS EXPERIENCE

- Lecturer in Community Medicine, Monash University
- Examiner, Royal Australian College of General Practitioners
- Queensland Health and Calvary Health Care
- Current Board Member, Alkira (Disability Service Provider)

EDUCATION / BUSINESS COACHING

- Diploma in Obstetrics, Royal Australia College of Obstetricians and Gynaecologists, 1988
- Bachelor of Medicine Bachelor of Surgery, University of Melbourne, 1985
- Executive Diploma Business Coaching Trainer level in Neurolinguistic Programming
- Graduate of AICD 2020



COACHING GROUP