

Rachel Grahl

Coach



As a coach, Rachel partners with executives and emerging leaders to unlock their full leadership potential. She is known for her ability to listen empathetically and challenge respectfully, employing a coaching approach that utilises insightful questioning and conversation to foster growth and self-discovery through critical thinking.

Rachel's expertise extends to coaching senior leaders navigating change and ambiguity, working with them to improve resilience, adaptive approaches, and change leadership for themselves and within their teams.

Her coaching services are supported by over 15 years of business experience. Rachel has a proven track record of cultivating high-performing, psychologically safe environments to deliver transformational change.

COACHING EXPERIENCE

- Coaching to support disciplined operations manager to successfully adapt and work with entrepreneurial founder.
- Coaching with an emerging leader, who successfully restructured her role and remuneration, including an approved business case for additional staff.
- Collaborating with the C-Suite during the immediate post-merger phase, navigating ambiguity, and adapting to emerging strategic priorities to plan delivery of major transformation program. This included coaching delivery and business leaders through uncertainty to maintain planning momentum.
- Developed and coached immediate leadership team to drive change across department including a team restructure which focused on role clarity, defined KPIs and capability requirements supported by continuous feedback culture. This change increased team engagement score from 35% to 76% over 12 months.

EXPERTISE / SPECIALISATION

- Coaching executives, senior leaders and high potential successors
- Extensive business experience leading transformational change.
- Leadership mindset and habits
- Leadership development
- Strategic execution specialist
- Business agility
- Leadership development
- Building high performing teams
- Navigating complexity

BUSINESS EXPERIENCE

- Customer Servicing Integration Program Manager - Australian Retirement Trust
- Head of Business Services & Change, WorkCover Queensland
- General Manager Change & Operational Support - Claims & Assessing, Auto & General Services
- Project Delivery Leader – Partnerships, Auto & General Services
- Senior Manager Life Insurance, Auto & General Services
- Operations Manager, NeuroCapability

EDUCATION / BUSINESS COACHING

- Level 1 Certified Organisational Coach, Institute of Executive & Coaching Leadership, 2024
- Advanced Diploma of Neuroscience of Leadership, NeuroCapability, 2022
- Business Agility Accelerator, Soft Ed, 2019
- Bachelor (Hons I), Information & Communication Technology (Business Systems), 1996



COACHING GROUP