

Bridget Barrett

Executive Coach



Bridget is MCom qualified and has over 20 years' experience as an Executive in the Public Sector. In 2018 Bridget was honored as one of the top 50 most influential women in the NSW Public Service Sector.

Bridget has a background in leadership, strategy, change management and transformation programs. Bridget has experience in several leadership facets including culture setting, engagement, shifting organisational performance and building transformational leadership capability. Her studies in workplace reform and change management contributed to her success in this area.

Bridget worked and led staff in complex environments across several agencies and sectors. This includes regulation, insurance, housing, consumer affairs and the educational sector. She has led functions in statewide operations, policy setting, organizational program development, program management, information management, audit, and risk.

Bridget's skills include leadership, stakeholder management, business planning, strategy, policy development, project management, governance and establishing large operational service delivery. She has strong skills in communication, with the ability to coach, motivate and build high performing teams. With Bridget's diverse background she can bring her skills to any coaching environment. She understands the challenges facing government, non-for-profit, and the business environment. Her experience means she understands political considerations, resource constraints, stakeholders, and community engagement and economic issues that impact organisations.

COACHING EXPERIENCE

- Coaching Executives and senior leaders with leadership challenges or complex problems
- Coaching Executive on leadership approaches including mindset and behaviours
- Coaching those who are leading or part of significant change programs including cultural change
- Coaching leaders to build behavioural awareness and impact on self and others
- Coached the executive of a non-for-profit organisation to build cohesiveness and lift performance
- Coached a newly appointed CEO transition to the role
- Coached a CEO on communication and dealing with the Board
- Coached a suite of Executive who were part of a merge between two companies on strategy adjustment and shift in skills base
- Coached an Executive on building back their resilience and confidence

EXPERTISE / SPECIALISATION

- Executive coaching
- Leadership & building teams.
- Strategy development
- Business planning & monitoring
- Managing change
- Stakeholder management
- Governance frameworks

BUSINESS EXPERIENCE

- Executive Director Service NSW 2020 - 2022
- Executive Director PMO 2017-2020
- Executive positions across the government 1997 -2016 dealt with:
 - Business Development Partnerships
 - Strategy and Innovation
 - Work, Health and Safety
 - Information Management
 - Workers' Compensation
 - Workers compensation insurance
 - Public Housing
- Board member – Impact Care Solutions
- Executive Coach 2021

EDUCATION / BUSINESS COACHING

- International coaching accreditation – PCC
- Executive Coaching IECL 3 levels
- Change Management – Prosci
- Master of Commerce Workplace Reform
- Hogan Practitioner



COACHING GROUP