

# Nicolien Timmer

## Executive Coach



Nicolien wants people to thrive and excel in their careers. As an Executive Coach, national Business Development Manager, and consultant, she has empowered individuals, teams, and organisations to ignite their unique superpowers and achieve exceptional results.

Nicolien's coaching style is creative, direct, and tailored to meet the unique needs of her clients. She has coached managers and leaders across diverse industries and professions, both locally and internationally, helping them reach their professional aspirations.

Trilingual and holding a Master's degree in Culture, Organisation, and Management, Nicolien is also a trained coach certified by the Neuroleadership Institute. Her professional experience spans managing sales and marketing teams, and working as a coach, trainer, consultant, and business developer in Australia, the Netherlands, and Switzerland.

Beyond her professional roles, motherhood has enriched Nicolien's perspective, adding depth and balance to her personal and professional life.

## COACHING EXPERIENCE

- Nicolien focuses on her clients' strengths and generates new ideas based on their knowledge, experience, and insights. She facilitates this process through positive and encouraging conversations, always centred on new perspectives and a way forward.
- She has coached over 500 individuals since 2016, including junior managers, C-level executives, Partners, and Board Directors.
- Her clients include professionals from Big 4 consulting firms, major banks, and organisations across industries such as mining, engineering, financial services, legal, FMCG, education, technology, telecommunications, pharmaceuticals, and media.
- Nicolien has supported leaders from diverse ages, cultures, abilities, and life experiences, including neurodivergent executives (such as those with ADHD), a non-verbal communicator (junior manager), transgender individuals, Aboriginal and culturally diverse communities, non-native English speakers, and part-time workers.
- Her coaching helps clients achieve greater self-awareness, enhance leadership capabilities, improve work-life balance, strengthen influencing and communication skills, manage conflicts effectively, master time management, foster personal and professional growth, cultivate emotional intelligence, sharpen commercial acumen, and achieve personal goals.

## EXPERTISE / SPECIALISATION

- Executive Coaching
- Career Transition
- Group Coaching
- Culture and Leadership Development
- Team Building
- Facilitation and Training
- Assessment debrief and coaching (Personality, Strengths, Career, 360° etc)

## BUSINESS EXPERIENCE

- Executive Coach since 2016
- Career and Transition Coach
- National BDM
- Marketing and Sales Manager
- Executive Search

## EDUCATION / BUSINESS COACHING

- Masters Culture, Organisation & Management, VU
- Certified Brain-Based Coach, NeuroLeadership Institute
- Advanced Coaching Certificate, Open Door Coaching
- Accredited in HOGAN
- Accredited in Motiva, Pearson
- Accredited in SDI 2, by Core Strengths
- Accredited in Mental Toughness, a resilience assessment tool for coaching by AQR
- Certified Career Transition Consultant, Certified Life Options Retirement Coach, Career Partners International
- Mental Health First Aid accreditation
- Cert. IV in Telephone Crisis Counselling and Group Facilitator, Lifeline Australia



COACHING GROUP