

Jenny Bell

Executive Coach



Jenny's aim is to help people unlock their potential and thrive in their life and career. Drawing on over 25 years of experience, Jenny has built a reputation for being a trusted advisor to CEOs, Executives and Senior Leaders to resolve people and culture challenges.

Jenny's professional experience includes senior and executive people & culture roles across diverse industries including law, banking, insurance, medical research, international development and hospitality. She has also worked across multiple countries within Africa, Asia and Middle East as well as UK, USA and Australia. This depth and breadth of industry and cultural experience gives Jenny a unique perspective when understanding people and culture challenges.

Jenny's coaching style is pragmatic, direct and tailored to meet the unique needs of her clients. Her sessions integrate the science of human behaviour to provide useful insights, strategies and tools to enable immediate action.

Coaching Experience

- Coaching Executives and Senior Leaders to effectively respond to leadership challenges.
- Coaching Executives and Senior Leaders to build behavioural awareness.
- Coaching CEOs, Executives and Senior Leaders to manage conflict effectively.
- Team Coaching to build high performance teams.
- Coaching clients integrating the science of human behaviour to achieve personal goals such as improving their communication skills, building influencing skills, enhancing self-awareness, better managing conflicts and enhancing their work-life balance.

EXPERTISE / SPECIALISATION

- Executive Coaching
- Leadership Development
- International Leadership
- Culture Transformation
- Organisational Development

BUSINESS EXPERIENCE

- Non-Executive Director, Gowrie NSW
- Principal, JSL Advisory
- Global CPO, The Fred Hollows Foundation
- Senior HR Leader roles at QBE, HSBC, Hogan Lovells, Children's Cancer Institute Australia

EDUCATION

- Brain-Based Coaching, NeuroLeadership Institute
- MBA (Executive), AGSM
- Bachelor of Arts (Hons), UNSW
- Company Directors Course, AICD
- Hogan Assessment certified
- DiSC Assessment certified
- Occupational Personality Questionnaire (OPQ) certified



COACHING GROUP